Nutrition Ad-Hoc Committee

Thursday, May 6, 2010 – 1:30 p.m.
BNRC Offices, Brandon City Hall
Present: M. Snelling, B. Mayes, G. Barnes
Regrets: R. Coey, B. Jolly, Dr. D. Michaels

1. ELECTION OF CHAIR AND CALL TO ORDER:

Trustee Snelling was elected chairperson of the Nutrition Ad-Hoc Committee. The Chairperson called the meeting to order at 1:30 p.m.

2. APPROVAL OF AGENDA

The Nutrition Ad-Hoc Committee Agenda was approved as circulated.

3. COMMITTEE GOVERNANCE GOAL ITEMS

A) Review of Policy and Procedures 4047 – "Nutrition Policy"

Trustee Snelling circulated a draft evaluation form to be forwarded to all school principals to determine whether or not schools are adhering to the Division's Policy and Procedures 4047 – "Nutrition Policy". The evaluation form was discussed in detail. Senior Administration was directed to revise the proposed evaluation to reflect the Committee's discussions. The evaluation form will be presented to the full Board for review before forwarding to all school principals for completion. (Attached as Appendix "A")

The Committee reviewed the information received explaining the difference between energy drinks and sports drinks. It was noted that although energy drinks did not contain a mental stimulant such as caffeine, the Committee felt sports drinks were high in sugar and the sale of such drinks should be restricted along with the sale of soft drinks and energy drinks.

4. OTHER COMMITTEE GOVERNANCE MATTERS

A) Bottled Water

The letter received from Nestle Waters Canada regarding the possible ban of plastic water bottles was discussed. The Committee agreed that they will not take a position on this matter at this time noting there are many other products also available in the vending machines in plastic bottles, besides water.

5. OPERATIONS INFORMATION

NIL

6. NEXT REGULAR MEETING: TBA.

The meeting adjourned at 1:50 p.m.

Respectfully submitted,

M. Snelling, Chair	R. Coey
B. Jolly	B. Mayes

Appendix "A"

Brandon School Division

School Nutrition Evaluation
(Policy and Procedures 4047)

School:_____

QUESTION:
Following Nutrition Policy and Procedures 4047 - how does your school nutrition plan address the following items?

	YES	NO
Our School has a School Nutrition Plan that:		
Encourages nutritional foods	____	____
Provides nutritional messages	____	____
Acknowledges sound nutritional practices	____	____
Counsels students with healthy practices	____	____
Applies to Manitoba School Nutrition Handbook guidelines	____	____
Our School events promote and provide healthy food items.	____	____
Our School fundraising events do not use chocolate bars, chocolate covered products, or candy.	____	____
Our School Parent council promotes healthy foods at all events.	____	____
Our School Beverage Vending Machines provide the following:		
Milk/milk products	____	____
100% juice products	____	____
Water	____	____
Our School Beverage Vending Machines do not promote the following:		
Soft Drinks	____	____
Energy Drinks	____	____
Soft Drinks	____	____
Our School Cafeteria and/or Canteens promotes healthy products	____	____
Our Schools encourages water consumption by allowing & encouraging water in classrooms.	____	____
Our School adheres to the policy that candy is allowed for distribution only during Halloween, Valentine's Day, Easter & Christmas	____	____
Our School does not use food and/or candy as a reward	____	____
For schools with fryers only: Our School uses high stability, non-hydrogenated oil for deep fat frying.	____	____
Total Number of Yes/No Answers	____	____

Action Plan for Future:

_____

_____

_____

_____ _____
School Principal Date

Please return the completed evaluation by _____ to Trustee Snelling, Chairperson, Nutrition Ad-Hoc Committee, c/o Secretary-Treasurer's Department, Administration Office.